

MINDFUL MOMENTS

Classroom workshops for children



If you are looking for emotional support in your classroom,
why not give a mindfulness session a try.
A 30 minute mindfulness session where students can relax,
connect with their senses and ground themselves
for a day full of learning.

Please contact us to enquire.



To find out more you can contact us on
Hello@ttpcounselling.com

For more information, please visit: www.ttpcounselling.com

